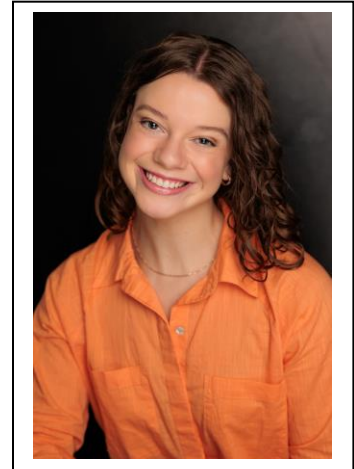


LAUREN MITCHELL

DANCER/SINGER/ACTOR

Dob: 16/11/2003
Height: 167cm
Bust: 86cm
Waist: 75cm
Hips: 109cm
Dress Size: 10
Shoe: 8.5
Eye Colour: Hazel
Hair Colour: Brown
Vocal: Mezzo Soprano (D3-C6)
Nationality: Australian
SYDNEY BASED



EXPERIENCE

Sydney World Pride, 2023 Featured Performer - Sydney World Pride
Sweeney Todd, 2023 Dance Captain/Ensemble - NIDA, Constantine Costi
Late Bloomer by Angela Rose, 2023 (Music Video) Dancer - NIDA, Joanna Bradley
Looney Tunes Product Launch, 2023 Bugs Bunny (Suit Artist) - Looney Tunes /Best and Less
Come From Away, 2022 Beulah Davis - Australian Company of Performing Arts
Express, 2022 Ensemble - One Eye Open
Hadestown, 2022 Fate - Australian Company of Performing Arts
Big Bash League, 2022 NERF Mascot Chaperone - NERF
Let's Go to The Movies Cabaret, 2021 Featured Performer - St John's Grammar
The Girl That Was 100 Girls, 2021 Sarah (by Finegan Kruckemey) - Hills Youth Theatre
High School Musical, 2021 Kelsi Neilson - Australian Company of Performing Arts
The Addams Family, 2020 Wednesday Addams - St John's Grammar
Monica's Story, 2019 (Short Film) Sarah - Sitting Duck Films, Gavin Crosby
Hugh Jackman World Tour Backing Vocalist (Adelaide Shows - 2019) - Qantas Choir
Australian Girls' Choir

TRAINING

NIDA Diploma of Musical Theatre, 2023, NIDA
Diploma of Professional Dance, Elite Performance, 2022, Australian Teachers of Dancing,
(Australian Company of Performing Arts)
Vocal 2014 to Present: Anne Maree-McDonald, Rosanne Hoskings, Lauren Henderson
Acting Trinity College London Acting Exams, NIDA diploma and NIDA short courses, SACE
Drama
Dance: (Jazz, Ballet, Tap, Salsa, Contemporary, Hip-Hop, Commercial Dance): Australian
Company of Performing Arts, NIDA, La Bomba Latin Dance
Australian Girls Choir 2011-2021: Choir Leader (2021)
Gymnastics, Acrobatics & Stunt for Performance: 2011 to Present: NIDA, Blackwood
Gymsports

SKILLS

Sports: soccer, netball, basic acrobatics, touch football, rock climbing
Flute AMEB grade 5. WWCC.



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